

# **Central Sanskrit University**

Sri Bharati Tirtha Shastra Samutkarsha Kendram  
Sri Rajiv Gandhi Campus, Sringeri

## **Monthly Anti-Drug Awareness Program**

### **Month Of January -2026**

#### **Report:**

#### **Overview**

In an effort to safeguard the student community and foster a healthy academic environment, the Central Sanskrit University, Rajiv Gandhi Campus, Sringeri, organized its monthly Anti-Drug Awareness Program on 9th January 2026. The event aimed to educate students on the multi-dimensional hazards of substance abuse, ranging from physiological damage to legal consequences.

#### **Event Highlights**

The program featured two distinguished experts from the Sringeri community, providing a comprehensive perspective on the issue:

- \* Medical Perspective: Dr. Archana N, a renowned Ayurveda doctor from Sringeri, served as a Chief Guest. She detailed the long-term health risks associated with drug addiction.
- \* She emphasized how substance abuse disrupts the body's natural equilibrium (Dhatus) and leads to cognitive decline.
- \* She encouraged students to adopt a "Yogic" lifestyle and natural wellness practices to manage stress instead of resorting to harmful substances.

\* Legal & Social Perspective: Mr. Mohanraj, a dedicated Police Officer from Sringeri, addressed the gathering regarding the legal ramifications of drug possession and trafficking.

\* He informed students about the NDPS Act (Narcotic Drugs and Psychotropic Substances Act) and how a single mistake could permanently affect their career prospects and "Police Verification" reports.

\* He urged students to be vigilant and report any suspicious activities within or around the campus premises to ensure a drug-free society.

\* He ended with a collective pledge by the students and faculty to maintain a "Clean and Green Campus."

## **Key Takeaways**

### Insights Provided

| **Health** | Damage to vital organs, memory loss, and mental health instability.

| **Legal** | Risk of imprisonment, heavy fines, and a permanent criminal record. |

| **Social** | Stigma, breakdown of family relationships, and loss of academic focus.

| **Prevention** | Importance of peer support and seeking professional help early.

## **Conclusion**

The Campus Director Prof. Subray Bhatt thanked the guests for their valuable time and reiterated the university's "Zero Tolerance" policy towards

drugs. Prof. Ganesh Ishwar Bhatt ended the program with a Vote of Thanks. Prof. Ramachandra Josiah anchored the entire program.

Sringeri  
09.01.2026

Programme Co-ordinator